


Weekend

	8am	8.30am	9am	9.30am	10.15am	10.30am	11.15am	11.30am
Saturday								
Dawin								
Millner				LES MILLS BODYPUMP Lilin Millner				
Palmerston			LES MILLS BODYPUMP Helen Palmerston		 Leanne Palmerston			
Coolalinga		LES MILLS RPM Leeanne Coolalinga	LES MILLS BODYATTACK Amanda Coolalinga	LES MILLS RPM Leeanne Coolalinga	LES MILLS BODYPUMP Sharon Coolalinga		LES MILLS BODYBALANCE Helen Coolalinga	
Sunday								
Palmerston			LES MILLS BODYPUMP Sas Palmerston			YOGA Korina Palmerston		
Coolalinga			LES MILLS BODYPUMP Amanda Coolalinga					